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#GynPath **Ovarian Mucinous Tumors:** Primary or Metastasis? A Practical Approach to Differential Diagnosis MAY 21, 2020/ 1:00PM EST (UTC-5H) LIVE ON FACEBOOK.COM/PATHCAST AND YOUTUBE.COM/PATHCAST pathCast

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Primary ovarian mucinous tumors

- Account for 10%–15% of all primary ovarian tumors
- > 80% are benign
- Most of the remainder are mucinous borderline tumors
- Primary mucinous carcinomas are rare only 3% 5% of primary ovarian carcinomas are of mucinous type

(Prat et al. 2018) (Frumovitz et al. 2010)



Metastatic ovarian mucinous tumors

- Most mucinous carcinomas involving the ovary are metastases as opposed to ovarian primary carcinomas
- In a study of consecutive cases from a single institution only 23% of mucinous carcinomas in the ovary were primary ovarian
 - 45% gastrointestinal tract, including appendix
 - 20% pancreatobiliary
 - 10% of ovarian metastases are from unknown primary tumors

(Seidman et al. 2003) (Frumovitz, Schmeler et al. 2010)



Primary ovarian

- Mullerian mucinous tumor
- Associated teratoma/Brenner tumor
- Unilateral
- Very large
- Expansile growth pattern
- Mural anaplastic nodules
- Uniformly bland cystadenoma
- Associated cystadenofibroma

Metastatic

- 'Metastatic morphologies'
- Extraovarian spread/pseudomyxoma peritonei
- Bilateral
- Not so large
- Infiltrative growth pattern
- Multinodular gross appearance
- Lymphovascular involvement
- Ovarian surface/hilar involvement
- Lack of CK7
- Positivity for SATB2



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Primary ovarian

- > Practically all are unliteral
- > Exception:

Müllerian mucinous tumors

Metastatic

- > 75% are bilateral
- Exceptions:
 Colorectal
 Endocervical
 Appendiceal (LAMN)

(Lee and Young 2003)



> 10 cm cut off: correctly classifies 83% of cases as primary or metastatic

> 12 cm cut off: 100% of primary tumors and 80% of metastases

correctly classified (86% overall)

> 13 cm cut off: correct classification for 98% of primary tumors

(Lee and Young 2003) (Seidman, Kurman et al. 2003) (Yemelyanova, Vang et al. 2008)



- > 34 year-old female presented to the ER with abdominal pain
- CT scan revealed with a 25 cm left adnexal multiseptated cystic mass
- Operative report indicated absence of extraovarian involvement
- Salpingo-oophorectomy was performed
- Specimen was sent for intra-operative consultation









Scanned slide – Left ovarian mass















What is the most appropriate diagnosis?

- a. Mucinous adenocarcinoma, expansile invasion, ovarian primary
- b. Mucinous adenocarcinoma, infiltrative invasion, ovarian primary
- c. Mucinous borderline tumor, gastrointestinal type, ovarian primary
- d. Mucinous borderline tumor, müllerian type, ovarian primary
- e. Mucinous tumor, the differential diagnosis includes primary ovarian and metastasis





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Mucinous Borderline Tumor, gastrointestinal type





Mucinous Borderline Tumor, gastrointestinal type





Primary Ovarian Mucinous Tumors

Do you need to find goblet cells?



Primary Ovarian Mucinous Tumors

Do you need to find goblet cells?

Goblet cells are not a prerequisite for an intestinal type mucinous tumor

Based on their mucin histochemical profile, many of these exhibit gastric or pancreaticobiliary differentiation

(McCluggage 2010)



Mucinous Borderline Tumor, gastrointestinal type





Mucinous Borderline Tumor, gastrointestinal type





Mucinous Borderline Tumor, gastrointestinal type

- Mucinous borderline tumor: At least 10% of the epithelial volume must demonstrate increased proliferation with papillary infoldings or pseudostratification and mild to moderate nuclear atypia
- Mucinous cystadenoma with focal epithelial proliferation: Increased proliferation/atypia but insufficient for a diagnosis of borderline tumor



Mucinous Borderline Tumor, gastrointestinal type

Mucinous borderline tumor with intraepithelial carcinoma

- Marked cytologic atypia
- Complex architecture
 - o Micropapillae
 - Cribriforming
- Does not affect prognosis

Microinvasion 5 or 10 mm = no affect in prognosis

(Riopel, Ronnett et al. 1999, Hauptmann, Friedrich et al. 2017)





OMT - Challenge #1

Primary ovarian mucinous borderline tumor versus adenocarcinoma with expansile invasion?



Primary ovarian mucinous carcinoma



Mucinous adenocarcinoma, expansile/confluent invasion

- Closely packed glands with a confluent back to back arrangement and no or minimal intervening stroma
- Obliteration of cystic spaces

(McCluggage 2010) (Tabrizi et al. 2010)

Primary ovarian mucinous carcinoma



Mucinous adenocarcinoma, expansile/confluent invasion

- > Low grade
- Display adenoma borderline carcinoma sequence
- Most show MBT and IEC

(McCluggage 2010) (Tabrizi et al. 2010)



Primary ovarian mucinous carcinoma

Mucinous adenocarcinoma, infiltrative/destructive invasion

- Stromal invasion in the form of glands, cell nests, or individual cells, disorderly infiltrating the stroma with desmoplastic stromal reaction
- > Very rare in primary tumors!
- Metastasis until proven otherwise
- Poor prognosis



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> a.k.a 'seromucinous' tumors / mucinous tumor, endocervical type

International Journal of Gynecological Pathology 35:78-81, Lippincott Williams & Wilkins, Baltimore © 2015 International Society of Gynecological Pathologists

Review

Seromucinous Tumors of the Ovary. What's in a Name?

Robert J. Kurman, M.D. and Ie-Ming Shih, M.D., Ph.D.



- Proposed nomenclature: Mixed müllerian tumors
- Contain a mixture of ciliated cells, mucinous cells, hobnail cells, endometrioid cells, squamous cells (10% rule)
- > Positive for CK7, PAX8 and ER; Negative for CK20, CDX2 and SATB2
- Negative for WT-1 (? serous)
- > ARID1A mutations (characteristic of endometrioid and clear cell tumors)

(Kurman and Shih le 2016)



- > Majority are borderline. Adenoma and carcinoma are rare
- Correspond to only ~5% of ovarian borderline tumors
- Bilateral (40%)
- Associated with endometriosis (30-50%)
- 20% extraovarian spread. Follows a pattern similar to SBT, no pseudomyxoma peritonei

(Hauptmann et al. 2017) (Nagamine and Mikami 2020)



- Mean size 8-10 cm
- Unilocular or oligolocular
- Papillary projections seen grossly



(Hauptmann et al. 2017) (Nagamine and Mikami 2020)


















Mucinous tumors – müllerian type



Mucinous tumors – müllerian type

How do you recognize müllerian mucinous tumors? Architecture + Cell types + Immunohistochemistry

Why is it so important to recognize müllerian mucinous tumors? Metastasis are not in the differential!



Mucinous tumors – müllerian type

Mullerian mucinous tumor

Primary ovarian

No exception!



Case 2

> 20 year-old female presented with abdominal discomfort

Pelvic ultrasound revealed with a 9 cm complex adnexal cyst with internal echos and a 5 cm hyperechoic structure

A cystectomy was performed and sent to permanents







Scanned slide – left ovarian cyst, block A8







What is the most appropriate diagnosis?

- a. Mucinous neoplasm, suspicious for appendiceal primary
- b. Mucinous neoplasm, suspicious for colorectal primary
- c. Mucinous neoplasm, suspicious for pancreatobiliary primary
- d. Mucinous neoplasm, consistent with ovarian primary
- e. Mucinous neoplasm, differential includes appendiceal primary and ovarian primary





What is the most appropriate diagnosis?

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- d. Mucinous neoplasm, consistent with ovarian primary
- e. Mucinous neoplasm, differential includes appendiceal primary and ovarian primary





Scanned slide – left ovarian cyst, block A2





What is the most appropriate diagnosis?

Primary ovarian mucinous neoplasm with intestinal differentiation and pseudomyxoma ovarii arising in association with a mature cystic teratoma



Primary mucinous neoplasms, teratoma associated

- Mature teratomatous component often represents a small proportion of tumor volume (sample well!)
- Extensive pseudomyxoma ovarii in 55%
- Pseudomyxoma peritonei in 25% +/- epithelial component
- Display adenoma, borderline and/or carcinoma morphology
- > May have aggressive behavior if peritoneal carcinomatosis

(Simons, Simmer et al. 2020) (McKenney et al. 2008)



















Teratoma related

- Younger (mean 43 years-old)
- Pseudomyxoma ovarii
- SATB2 +
- Ovarian primary!

Brenner tumor related

- Older (mean 61 years-old)
- Calcifications
- SATB2 -
- Ovarian primary!



Associated teratoma or Brenner tumor

Primary ovarian

Practically no exception



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Metastatic morphologies – Colorectal carcinoma





Metastatic morphologies – Colorectal carcinoma





Predominant signet ring carcinoma

Metastatic

No exception!



Metastatic ovarian mucinous tumors

'Ovarian morphologies'



OMT Challenge # 2

Ovarian mucinous tumor:

Primary or metastatic?





- 46 year-old female presented with abdominal distention, constipation, inability to tolerate food and liquids
- Abdominal CT revealed a 25 cm cystic abdominal mass involving the left ovary
- Laparotomy revealed a mucinous neoplasm in bilateral ovaries and appendix with peritoneal and omental deposits



Case 3







Scanned slide – Right ovary, block A6



Case 3



Case 3







Scanned slide – Appendix, block D2





What is the most appropriate diagnosis?

- a. Mucinous adenocarcinoma, ovarian primary, metastatic to the appendix
- b. Mucinous adenocarcinoma, appendiceal primary, metastatic to the ovaries
- c. Mucinous borderline tumor, appendiceal primary, metastatic to the ovaries
- d. Low grade appendiceal mucinous neoplasm, metastatic to the ovaries





What is the most appropriate diagnosis?

- a. Mucinous adenocarcinoma, ovarian primary, metastatic to the appendix
- b. Mucinous adenocarcinoma, appendiceal primary, metastatic to the ovaries
- c. Mucinous borderline tumor, appendiceal primary, metastatic to the ovaries

d. Low grade appendiceal mucinous neoplasm, metastatic to the ovaries


Appendiceal metastases

Ovarian metastases with mucinous differentiation arise most frequently from appendiceal primary tumors

LAMN is deceptively bland, mimicking an ovarian mucinous cystadenoma or mucinous borderline tumor

Others:

- Goblet cell carcinoid
- Adenocarcinoma



Appendiceal metastases - LAMN





Appendiceal metastases - LAMN



Tall columnar cells with uniform basally located nuclei



Metastatic ovarian mucinous tumors

'Ovarian morphologies'

















Pancreatobiliary metastases

- Large cystic structures with deceptively bland cytologic features
- Maturation phenomenon: Small invasive single cells or glands with marked atypia next to the cystic structures
- Focal atypia or infiltration usually present
- Needs adequate sampling











Pancreatobiliary metastases





Metastatic ovarian mucinous tumors

'Ovarian morphologies'



Metastatic ovarian tumors

- > 45% Gastrointestinal, most common appendix
- 20% Pancreatobiliary
- > 13% Uterine cervix
- > 8% Breast
- > 5% Uterus
- 10% ovarian metastases from unknown primary tumors

(Frumovitz, Schmeler et al. 2010)



Metastatic endocervical carcinoma

Uncommon

- In many cases the cervical primary is unknow before presentation of ovarian metastasis
- Can be minimally invasive and lead to ovarian metastasis
- > Often simulates primary ovarian mucinous tumors (borderline and carcinoma)
 - Commonly unilateral (65%) and <10 cm
 - o Histologically

(Ronnett et al. 2008)



Metastatic endocervical carcinoma HPV positive

Ronnett et al

Am | Surg Pathol • Volume 32, Number 12, December 2008



FIGURE 7. Occult invasive cervical adenocarcinoma identified subsequent to diagnosis of ovarian metastasis (case 10). A and B, Ovarian metastasis is composed of cystic glands lined by proliferative mucinous epithelium having intraluminal papillary epithelial tufts, and nuclear atypia with mitotic figures and apoptotic bodies, without evidence of stromal invasion, simulating a primary ovarian atypical proliferative (borderline) mucinous tumor with intraepithelial carcinoma.

Metastatic endocervical carcinoma HPV positive

- Confluent glandular, cribriform, or villoglandular patterns
- Cytologic features and IHC are variable
 - Usual-type: Columnar epithelium with nuclear crowding, stratification, basal apoptotic bodies, and apical mitotic figures. CK7+, CK20-, CDX2-.
 Differential includes endometrioid carcinoma
 - Intestinal type: as above but with goblet cells. CK7+, CK20+/-, CDX2+/-

Positive for p16 and HPV ISH



Metastatic endocervical HPV negative

- Ovarian metastases are very rare
- Most are expected to be gastric type
- Difficult differential with primary ovarian mucinous tumors both histologically and by immunohistochemistry
- Rely on the identification of the cervical primary



Ovarian Mucinous Tumors

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Case 4

- 58 year-old female presented to PCP with anemia, fatigue and abdominal pain
- CT scan revealed with 12 cm mass in the pelvis with multiple septations and nodular masses suggestive of a malignant ovarian neoplasm
- Exploratory laparotomy revealed Stage IIIC ovarian cancer with extensive peritoneal involvement





Slide scan – Right ovary





Original Diagnosis:

Mucinous adenocarcinoma, intestinal type

Differential includes primary ovarian versus metastasis from GI tract





Months later - The EGD revealed a circumferential mass in the 2nd part of the duodenum **Duodenal biopsy**





Case 4





Extraovarian spread

Extraovarian spread/pseudomyxoma peritonei

Metastasis

Exception: OMTs arising in association with teratoma



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- > Can be müllerian or gastrointestinal no need to differentiate in path report
- Single layer of cells
- Uniformly bland cytology with minimal/no atypia
- > Epithelial lining may be undulating or form small, filiform papillae
- > Lacks significant epithelial proliferation, complexity, and nuclear atypia
- Crypts are not considered complex architecture



> Main differential: Low grade appendiceal mucinous neoplasm (LAMN)

- Normal appendix: Rest assured this is an ovarian primary
- IHC helpful: SATB2 +
- Permanents: Do NOT include metastasis in the differential if appendiceal primary has been excluded
- Frozen section: Metastasis cannot be excluded



- Second differential: Pancreatobiliary metastasis
- Not uniformly bland cytology
- IHC often not helpful except for SMAD4 loss
- Frozen section: Metastasis cannot be excluded



Ovarian Mucinous Tumors

Primary ovarian mucinous cystadenoma

- Thin walled ovarian cyst(s)
- Bland mucinous epithelium
- Uniformly bland
- Mucin extravasation
- SATB2 negative

Low grade appendiceal mucinous neoplasm

- Thin walled ovarian cyst(s)
- Bland mucinous epithelium
- Very tall epithelium
- o Pseudomyxoma ovarii
- SATB2 positive
- Subepithelial clefts

WD pancreatic adenocarcinoma

- Thin walled ovarian cyst(s)
- o Bland mucinous epithelium
- At least focal atypia/ infiltrative growth
- o Pseudomyxoma ovarii
- Loss of SMAD4 (50%)



OMT Challenge # 3

Interpreting

immunohistochemistry



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	CK7	CK20	CDX2	SATB2	PAX8	Other
Primary OMT müllerian	+	-	-	-	+	ER+
Primary OMT gastrointestinal type NOS	+/-	-/+	-/+	-/+	+/-	ER-
Primary OMT with teratoma	-	+	+	+	-	ER-
Primary OMT with Brenner	+/-	+/-	-/+	-	-	ER-, GATA-3 +
Appendiceal metastasis	+/-	+/-	+	+/-	-	
Pancreatobiliary metastasis	+/-	+/-	+/-	-	-/+	Loss of SMAD4 in 50%
Gastroesophageal metastasis	+/-	+/-	+/-	-	-	
Colorectal metastasis	-/+	+	+	+	-	Nuclear B-catenin
Endocervical metastasis	+	-/+	-/+	-	+/-	Most p16+ and HPV ISH+

CK7	Positive:	All primary müllerian OMTs Majority of primary OMTs gastrointestinal type NOS Majority of pancreatobiliary and gastroesophageal metastases
SATB2	Positive: Negative:	Appendiceal and colorectal metastases Primary OMTs with teratoma Majority of primary OMTs gastrointestinal type NOS Primary OMTs with Brenner tumor Pancreatobiliary and gastroesophageal metastases
PAX8	Positive: Negative:	All primary müllerian OMTs Some primary OMTs gastrointestinal type NOS Few pancreatobiliary metastases Primary OMTs with teratoma Appendiceal and colorectal metastases Some pancreatobiliary and gastroesophageal metastases
CK20 and CDX2	Positive:	Majority of primary OMTs gastrointestinal type NOS (patchy/weak to moderate) Primary OMTs with teratoma Appendiceal and colorectal metastases Some pancreatobiliary and gastroesophageal metastases

Extent and intensity of staining are important

Ρ	rimary ovarian	Metastati	c Appendix/Low GI	Meta	astatic Pancreatobiliary
0	CK7 +++ (majority)	0	SATB2 +++	0	CK7 +
0	PAX8 +/- (~40%)	0	CDX2 +++	0	CK20 +/-
0	CK20 +/- (patchy)	0	CK20 +++	0	CDX2 +/-
0	CDX2 +/- (patchy)	0	CK7 -/+	0	PAX8 -
0	SATB2 -	0	PAX8 -	0	SATB2 -

(Vang et al. 2006, Chu et al. 2011, McCluggage 2012, Perez Montie let al. 2015, Moh et al. 2016, Strickland and Parra-Herran 2016, Strickland et al. 2016, Li et al. 2017, Aldaoud et al. 2019, Meagher et al. 2019)



Most primary ovarian mucinous tumors are CK7 positive and SATB2 negative*

If an ovarian tumor is CK7 negative / shows significant SATB2 positivity – suspect metastasis

SMAD4 loss = pancreatobiliary

ER positive = müllerian type

*Exception: OMTs arising in association with teratoma



OMT Challenge # 4

Reporting


Is it necessary to differentiate between intestinal-type versus müllerian-type in all ovarian tumors? Yes – For adenocarcinoma Yes – For borderline tumor Yes – No for adenoma Why?



Is it necessary to differentiate between intestinal-type versus müllerian-type in all ovarian tumors? Yes – For adenocarcinoma Yes – For borderline tumor Why? Directs the need to search for metastatic source **Prognosis**



Recommended

Mucinous adenocarcinoma, intestinal type, consistent with ovarian primary

- Size of invasive component: 5 cm
- Pattern of invasion: Expansile
- Background mucinous borderline tumor, intestinal type, 30 cm
 [when 85% of the tumor volume was borderline]

Avoid!

Mucinous adenocarcinoma, well differentiated (30 cm) [when 85% of the tumor volume was borderline]



Address primary site

- Include all components and provide/estimate greatest dimension for each
- Specify if intestinal type or müllerian type
- > Specify if expansile or infiltrative invasion



If you are not sure the tumor is primary in the ovary DO NOT assign the ovary as the primary site in the Synoptic Report

> Options:

- Omit the Synoptic Report and explain why in a Comment'
- Choose 'Cannot be determined' for primary site in Synoptic



OMT Challenge # 5

Intraoperative Consultation



Reporting ovarian mucinous tumors in frozen section

Examples:

- 'Bland mucinous neoplasm in two section examined. Defer to permanents for additional sampling'
- 'Mucinous neoplasm, at least borderline if primary. Metastases cannot be excluded. Defer to permanent for additional sampling and immunostains'
- 'Mucinous adenocarcinoma. The differential diagnosis includes ovarian primary and metastases. Defer to permanent for additional sampling and immunostains'



Prognosis

Metastasis	MBT intestinal	MBT Mullerian	MOC intestinal expansile	MOC intestinal infiltrative	MOC Mullerian
Bad!!	Excellent	Excellent	Excellent	Reserved	?
	Recurrence	Even for	Poor for	Poor for	Limited
	may occur	advanced	advanced	advanced	data
	after	stages	stages	stages	
	cystectomy				

(Nagamine and Mikami 2020) (Chiesa et al. 2010) (Frumovitz et al. 2010)



When is it safe to assign an ovarian mucinous tumor as primary ovarian? Mullerian type borderline tumor Associated teratoma (including contralateral) Associated Brenner tumor Uniformly bland mucinous cystadenoma



When can you favor an ovarian mucinous tumor as primary ovarian?

Large and unilateral mucinous borderline tumor, gastrointestinal type No previous history! Negative appendix No extraovarian spread Compatible histology Supportive immunohistochemistry



When is an ovarian mucinous tumor metastatic?

For sure!

Known extra-ovarian primary site

Almost for sure!

Extra-ovarian spread, even if primary site unknown

'Metastatic morphologies'

Probably

Bilateral ovarian involvement



When is it reasonable to suggest that a primary site cannot be determined?

Mucinous gastrointestinal type, < 10 cm Worrisome histologic features for metastasis Equivocal immunohistochemistry



In the great majority of cases the distinction between primary and metastatic mucinous carcinoma of the ovary can be made

(McCluggage 2012) (Prat, D'Angelo et al. 2018)



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Integrate clinical features, gross findings, histopathologic features and immunohistochemistry



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Thank you!



