Non-neoplastic Lung Pathology II Additional Patterns of Lung Fibrosis and Inflammatory Infiltrates in Interstitial Lung Disease (ILD)

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Format:

Case presentations
 Cellular infiltrates
 Additional fibrosis patterns
 Disease entities: NSIP, RB-ILD, DIP, PPFE, DAH, Eos Pneum,



To be discussed:

Nonspecific Interstitial Pneumonia (NSIP) Respiratory bronchiolitis associated ILD (RB-ILD) Desquamative interstitial pneumonia (DIP) Pleuroparenchymal fibroelastosis (PPFE) Smoking-related interstitial fibrosis (SRIF) Diffuse alveolar hemorrhage (DAH) Eosinophilic pneumonia (Acute/AEP, Chronic/CEP) **Refs**:

Leslie KO and Wick MR. Practical Pulmonary Pathology (Elsevier 2017)

Travis WD et al. ...Idiopathic interstitial pneumonias. Am J Respir Crit Care Med 2013; 188: 733.

Leslie KO. My Approach to ILD.... J Clin Pathol 2009; 62:387



Pathologic diagnosis in non-neoplastic lung disease requires integration of:

- 1. Information from four domains:
 - a. Clinical /laboratory (?immunosuppressed)
 - b. Radiologic findings (and Dx/Dx)
 - c. Pathologic injury pattern(s) identified
 - d. Individual disease entity that fits
- Knowledge of the clinical question
 "What question(s) am I answering with this Bx?"



Interstitial Neutrophils: Think capillaritis!



CASE ANALYSIS

Acute SOB, hemoptysis, anemia, +PR3 ANCA

<u>Four domains</u>

Clinical/Lab presentation Radiologic findings Pathologic injury pattern(s) Disease entity that fits Patchy airspace disease

Alveolar hemorrhage with capillaritis

c/w Granulomatosis with Polyangiitis (WG)



Blood in the lung: Most common cause is trauma of the biopsy procedure:

If in doubt get the history!



Alveolar hemorrhage syndrome/Diffuse alveolar hemorrhage: Pulmonary hemorrhage <u>not due to</u> trauma, airway disease, tumors, or heart failure Form of severe acute lung injury with bleeding



DIFFUSE ALVEOLAR HEMORRHAGE (DAH)

ANCA-associated: WG, MPA, pulmonary renal syndromes, isolated alveolar hemorrhage Antibas Vasculitis- esp GPA/WG odpasture's syndrom Collagen Vascular diseases Immune Anti-GBM disease diseases, veolar IgA dise Idiopathic Pulmonary Hemosiderosis (IPH) hemorrh Miscellaneous (eg. drug) mmundiagie meenamism nor raeminea. ated alveolar hemorrhage





Lung Hemosiderin not due to DAH



Cardiac disease Occupational Exposure (eg welder) Long miscellaneous list



Eosinophils in diffuse lung disease



How many? >10-15 in a hpf Greatly narrow the differential diagnosis



Lymphoid Cells in Diffuse Lung Disease



Commentary.....





Patterns of lung "fibrosis"

Major: Organizing pneumonia (OP) and UIP Additional:

"Diffuse" fibrosis as in fibrotic NSIP Centrilobular Smoking-related Elastotic



Types of Lung Fibrosis



Types of Lung Fibrosis



UIP Fibrosis



Seen in: IPF Chronic HP CVD Drug reaction Familial Asbestosis Many misc.





Nonspecific Interstitial Pneumonia (NSIP)

Key features: <u>Temporally homogeneous</u>

<u>Uniform involvement of tissue</u> Spectrum from cellular to fibrotic









Types of Lung Fibrosis

Fibrotic NSIP







NSIP seen in: CVD Drug reaction (Chr) HP Idiopathic NSIP Many misc.





Types of Lung Fibrosis



Often subpleural; paucicellular and hyaline-appearing

Smoking-related interstitial fibrosis (SRIF)



Types of Lung Fibrosis: Bronchiolocentric



Seen in: **Post Infection** CVD **PLCH** Chr HP **Aspiration Idiopathic** A local reaction Many misc

Peribronchiolar Metaplasia/PBM



Types of Lung Fibrosis: Bronchiolocentric

Old/healed Pulmonary Langerhans Cell Histiocytosis (PLCH)



Types of Lung Fibrosis: Elastotic





Seen in: Idiopathic PPFE Post Lung/BM Tx Drug reaction CVD Ancient scars Post XRT (Apical cap)

EVG



A Case

Chronic dyspnea, No CVD or exposures

Four domains Clinical/Lab presentation Radiologic findings Pathologic injury pattern(s) Disease entity that fits

Idiopathic NSIP

HRCT: Not UIP, c/w NSIP



Fibrotic NSIP No granulomas Not centrilobular

NSIP Pattern: Causes CVD, Drug, HP, Idiopathic, Misc.



Another Case

Four domains Clinical/Lab presentation Radiologic findings Pathologic injury pattern(s) Disease entity that fits





Four domains Clinical/Lab presentation Radiologic findings Pathologic injury pattern(s) Disease entity that fits Bilateral ILD, Chr. dyspnea

HRCT: Upper lobe subpleural infiltrates; Not an apical cap





Elastotic fibrosis

ILD with Elastotic Fibrosis Causes: Idiopathic Pleuroparenchymal fibroelastosis (PPFE) S/P Lung/BM Transplantation Drug reaction CVD

Idiopathic PPFE F>M 6th decade



How do clinicians view "pulmonary fibrosis"?

Clinicians are now lumping cases into: <u>Progressive fibrosing ILD's*</u>

Regardless of cause.....

.....For <u>treatment</u> purposes

As pathologists we should be continue to be "splitters"

LungPath

* Eur Respir J 2020 June 25; NEJM 2019; 381: 1718; FDA guideline Mar 9, 2020

Commentary.....



Smoking and Interstitial Lung Disease

Respiratory bronchiolitis ILD (RBILD)* Desquamative interstitial pneumonia (DIP)* Pulmonary Langerhans Cell Histiocytosis (PLCH)* Eosinophilic pneumonia



RB-LD: An exaggerated RB reaction with increased airspace macrophages and greater extent of lung tissue affected



Desquamative Interstitial Pneumonia (DIP)







Airspace filling by macrophages



- <u>Common nonspecific finding</u>
- Smoking- related (RB, RBILD, DIP (incl. marijuana)
- Obstruction (foamy character)
- Aspiration (exogenous lipoid)
- Chronic Hemorrhage (Fe)
- Heart failure (Fe)
- Eosinophilic peumonia
- Pneumoconioses
- Drug (esp Amiodarone)
- Storage diseases
- Misc.





<u>Four domains</u> Clinical/Lab presentation Radiologic findings Pathologic injury pattern(s) Disease entity that fits Eosinophilic Pneumonia (Ac or Chr) Drug reaction Asthma-related Infection-related (eg. Cocci) Smoking-related (esp Acute EP)

Idiopathic Misc rare...Hypereos. syndrome



What about this case with histiocytes?

Smoker; Could be DIP or incidental SRIF www.lungpath.com



Idiopathic Interstitial Pneumonias (IIPs) (Clinician's point of view)

Major IIPs

Idiopathic Pulmonary Fibrosis (UIP) Idiopathic NSIP (NSIP) **RB-ILD (RBILD)** DIP (DIP) Cryptogenic Organizing Pneumonia (OP) Acute Interstitial Pneumonia (DAD) **Minor IIPs** Idiopathic lymphocytic interstitial pneumonia (LIP) Idiopathic pleuroparenchymal fibroelastosis (PPFE) **Unclassifiable IIPs**



Lung Biopsies: Forceps Bx, CryoBx, SLBx



Forceps Bx in ILD ~35% diagnostic Cryobiopsy in ILD ~75-85% diagnostic SLBx in ILD ~95% diagnostic Forceps Biopsies often Nondiagnostic **BUT YOU CAN STILL ADDRESS: DO THE FINDINGS ANSWER THE CLINICAL QUESTION?** Some Examples.....





Asthmatic airway changes

Pathologic Injury: ?Eos pneumonia Does that answer the clinical findings? which are: Patchy infiltrates in an asthmatic Answer- YES





Pathologic Injury: Organizing pneumonia (OP) You are given no history (typical!) What to do? Be descriptive Provide a Dx/Dx

> Seen in: Infection Drug reaction CVD Idiopathic As a local reaction Many misc





Findings: Lung with pinch artifact Is anything abnormal? What to do?

Be descriptive: "Unremarkable lung with Bx artifact" Nondiagnostic: It does not answer (any) clinical question





Sarcoidosis is often identifiable in small biopsies When you know if that is the question you can say something like:

"Coalescing non-necrotizing granulomas c/w sarcoid, AFB and GMS stains are negative."



Common Diagnoses: TbBx v. CryoBx v. SLB



Commentary.....



When do I get help with a case of nonneoplastic lung disease?

- The domains are at odds

<u>Four domains</u> Clinical/Lab presentation Radiologic findings Pathologic injury pattern(s) Disease entity that fits

- I have not answered the clinical question?



Course Description

Part 1: Introduction to critical domains (Clinical, Radiological, Histopathological, Specific diseases) and basic patterns of lung injury and repair.

Part 2: Additional patterns of lung fibrosis and inflammatory infiltrates in interstitial lung disease (ILD).

Part 3: Approach to granulomatous lung disease.

Part 4: ILD with airway-centering and bronchiolitis.

Part 5: Non-neoplastic lung disease potpourri



COMMENTARY AND QUESTIONS ??

